

2023

Annual Report



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1 50th Anniversary Celebration

In 2023, we had the privilege of commemorating FANA's 50th anniversary, a testament to our enduring commitment to defending the rights of children, particularly their right to a family. This milestone was a tribute to our founders, **Arturo and Mercedes, and all those who have dedicated their lives to this noble cause.**

On February 4th, we celebrated with our friends in Colombia, with the families of FANA, our donors, our collaborators, some friends from different countries, and the children living in FANA. **During the event, we expressed our sincere appreciation to Marina Ramirez de Tono and Maria Teresa Camargo de Maldonado** for their unparalleled dedication and affection for FANA. Their life has been a testimony of commitment to defending children's rights in Colombia through our foundation. **Their unconditional support and valuable teachings have inspired all of us,** marking a significant legacy in FANA's mission.



On August 5th, we celebrated FANA's 50th anniversary with friends of FANA from different countries. **More than 100 families, 76 foreign families, visited us.** Seeing the children we care for at FANA as part of a family is always touching.

After 50 years, many of the people who were adopted through FANA now have their own families and came to show their children the foundation where they lived in Colombia. The week was inspiring, with visits to FANA allowing **the families to observe the renovations, interact with the children who live with us, and look for themselves in the many photos that decorate the institution's walls.** In addition, some families talked about their history and biological family with a professional, who answered their questions and supported them in this process. We organized tours and activities representative of Colombian culture, allowing everyone to identify with their origin. **It was a celebration where we saw that in these 50 years, we have built a great FANA family.**



We also had the opportunity to celebrate our 50th anniversary with FANA employees at a luncheon, **thanking them for all their hard work and honoring those who have worked with us for many years.** We were also able to celebrate with the children we serve.



MISSION



Protect and strengthen children, adolescents, and families, transforming their lives and generating a society that guarantees children's rights.

VISION

Be recognized for the impact it generates in Colombian society for its practical and sustainable work in favor of children and families.



STRATEGIC OBJECTIVES



1.To positively impact children's health, nutrition, education, and mental health during their stay at FANA.

2.To positively impact the families in terms of their parenting skills during their time at FANA.

3.Create alliances with the educational sector to document the knowledge acquired at FANA and, in this way, impact public policies on children and families.

4.Ensure adequate financial health to guarantee the long-term sustainability of the Foundation.

In 2023, the staff continued its commitment to improving how we care for children and adolescents living in FANA. **We continue our efforts to impact the children and families we serve positively.** Our main goal is to protect the children, restore their rights, and show them that they are valuable and deserving of care. Additionally, we aim to strengthen families so children and adolescents can develop within the home environment.

This year, the children who entered FANA came from even more complicated situations, lacking schooling, routines, and self-care habits. **The circumstances of children in Colombia are increasingly difficult,** with migrations, drug consumption, street life, extreme poverty, violence, human trafficking, and the difficult situations faced by families directly affecting children. In addition to having been **exposed to complex relational traumas affecting brain development and the acquisition of basic processes** such as attention, memory, perception, language, and thought, they have not had a structure that allows them to understand boundaries, regulate their emotions, and project themselves into the future.

This has posed a more significant challenge for us since we face children and families with more complex needs. For this reason, **FANA continues to strengthen its team through training** to increase their self-regulation, connection, and mindfulness skills. At FANA, we know that recognizing the value of our collaborators and working together with them is one of our main challenges in defending the rights of children and adolescents.



After multiple meetings discussing optimizing the services we offer and considering the various requirements we must meet to obtain and maintain the licenses and contracts we work with, **we decided to include Hogar Margarita in FANA's portfolio. Additionally, we have begun the process of obtaining a foster home license, allowing us to offer children an alternative for temporary family-based care.** This also allows us to contribute to the program by training families to provide trauma-informed care and a safe environment where the children can thrive. We designed a project that will conclude in 2024 to optimize the use of green spaces, allowing FANA to host additional programs on its premises.

This is how we envision FANA's range of services:



RESTABLISHMENT OF RIGHTS	ADOPTIONS	NURSERY SCHOOL	HOGAR MARGARITA	FOSTER HOMES
<ul style="list-style-type: none"> •The rights of 92 vulnerable children and adolescents are protected and guaranteed. •This is a comprehensive protection measure designed to provide care, affection, and attention to minors while their situation is being resolved. •Parental skills of the biological families are strengthened to ensure they can protect their children's rights. •The biological families are trained to provide them with tools for respectful parenting. •We offer trauma-informed care, encourage self-regulation, and promote the four skills of secure attachment. 	<ul style="list-style-type: none"> •We restore the right of children and adolescents to have a family. •We prepare and evaluate families for adoption. •In the adoption committee, we review both Colombian and foreign families. •We match children at FANA and those on the ICBF waiting list who are eligible for adoption with families. •We follow up on children after they have been adopted. <p>HOSTING PROGRAM</p>	<ul style="list-style-type: none"> •Program in partnership with SDIS. •The objective is to provide nutrition, protection, and early education to children between 4 months and 4 years old from the Suba area. •Most children come from families in high nutritional, socio-economic, or emotional vulnerability. •Services are available Monday to Friday from 7:00 a.m. to 5:00 p.m. 	<ul style="list-style-type: none"> •We assist, advise, and protect mothers who are going through unplanned pregnancies, along with their families. •Our services include Maternal Home, Psychosocial care, occupational training, and life project development. •We strengthen parental skills to ensure they can protect their children's rights. •We offer training to provide them with tools for respectful parenting. •We offer trauma-informed care, promote self-regulation, and foster the four secure attachment skills. 	<ul style="list-style-type: none"> •To provide a temporary, safe family environment for children and adolescents who, for various reasons, cannot live with their biological families. •To offer a loving environment that promotes the physical, emotional and psychosocial development of children and adolescents.

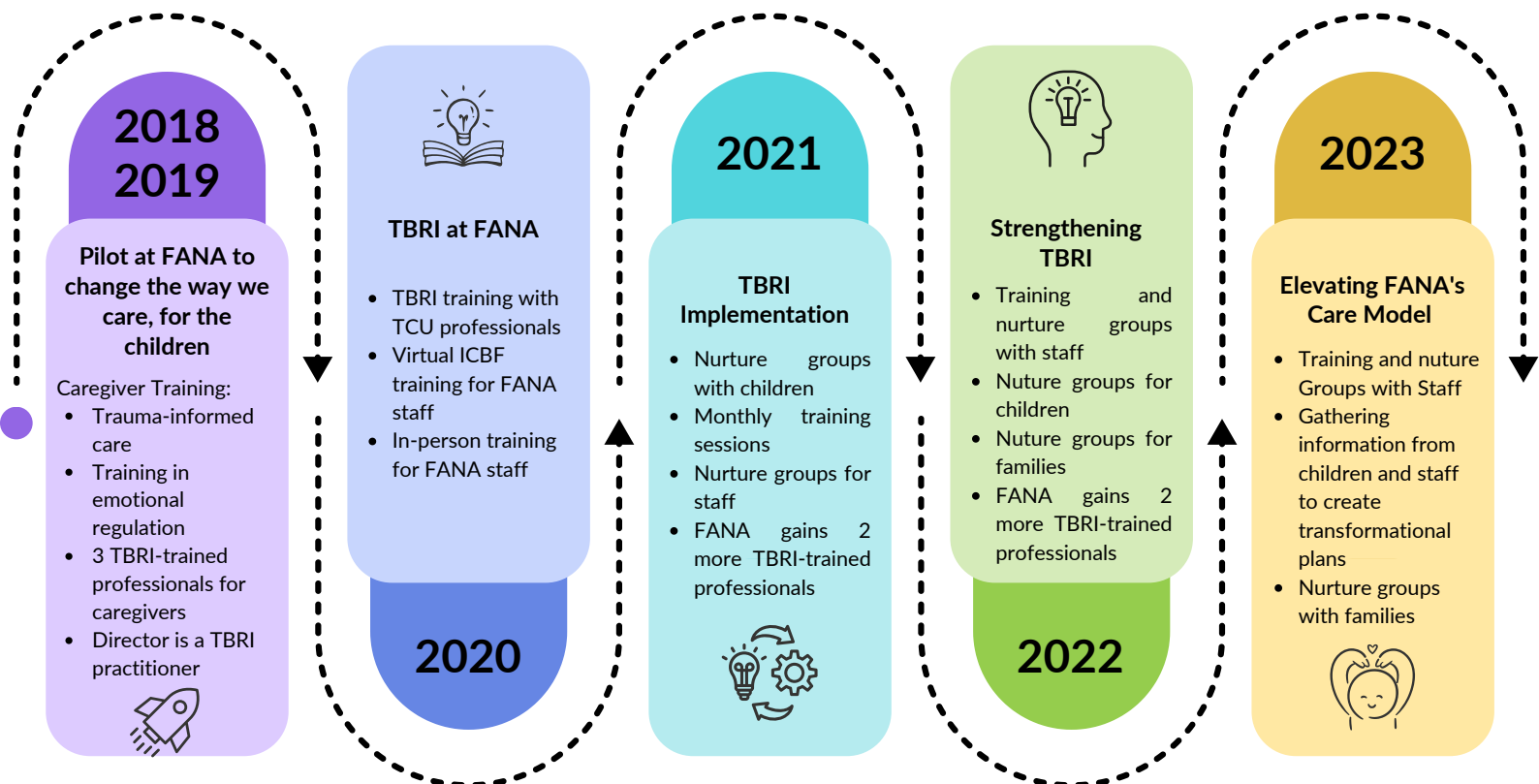
We offer TBRI (Trust-Based Relational Intervention) training to all institution workers and the families we serve.

We partnered with **AGCI-LATAM** to enhance the care FANA provides to the children and families we serve. **This year, we gathered information to identify the children's specific needs** and initiate transformational plans that promote self-regulation and the four secure attachment skills (receiving care, giving care, negotiating needs, and being autonomous). We continue to work with families in collaboration with ICBF, where they can participate in nurture groups with their children **to acquire the necessary skills to form secure bonds.**

As I mentioned earlier, it's fundamental for FANA to continue training its staff, which is why we **also gathered information on their caregiving skills and emotional competency needs.** We then started transformational plans to help them strengthen their connection and mindfulness abilities.

This is how we are progressing in our approach to child care and **creating a culture of care** that acknowledges adverse experiences and their impact on human development.

TBRI AT FANA



At FANA, we believe it's crucial to provide a safe environment, meet the needs of children, families, and staff, and ensure a beautiful setting. That's why we've decided to continue the renovation process this year, focusing initially on Stage 7, remodeling the baby rooms and the corridors in that area, the bathroom, the caregivers' lounge, and the nutrition office. Stage 8 involved remodeling the first-floor corridors and installing a timeline commemorating FANA's 50th anniversary. In Stage 9, we started by demolishing the yellow house in the middle of FANA's garden, clearing the land to make room for a soccer field and a multi-use court. **Our commitment to improving FANA's facilities will continue into 2024**, always oriented toward the needs of children, families, and staff and incorporating the TBRI approach into our premises.



FANA REMODELING PROJECT

2021

- STAGE 1**
 - ▶ MAIN DINING ROOM
 - ▶ AUXILIARY DINING ROOM
- STAGE 2**
 - ▶ 6 ERY SCHOOL CLASSROOMS
- STAGE 3**
 - ▶ OFFICES ERY SCHOOL AND PSYCHOLOGY
 - ▶ KIDS AREA FIRST FLOOR

2022

- STAGE 4**
 - ▶ BOYS AND GIRLS BEDROOMS AND HALLS
 - ▶ BOYS AND GIRLS BATHROOMS
- STAGE 5**
 - ▶ TV ROOM

2023

- STAGE 6**
 - ▶ CARE GIVERS OFFICES
 - ▶ MAIN STAIRCASE AND HOSTING BEDROOM
- STAGE 7 A**
 - ▶ BABIES BEDROOMS, HALLS AND BATHROOMS
 - ▶ BATHROOMS AND DIRECT CARE EMPLOYEE'S HALL
 - ▶ AREA LACTANTES
- STAGE 7 B**
 - ▶ ÁREA LACTANTES
 - ▶ STAIRCASE
- STAGE 8**
 - ▶ FIRST FLOOR CORRIDORS
 - ▶ FANA'S TIMELINE
- STAGE 9 A**
 - ▶ PLAYGROUND





2024

STAGE 9 B

- ▶ SPORTS COURTS
- ▶ ART PAVILION

STAGE 10

- ▶ FAMILY VISITS ROOM AND BATHROOM
- ▶ ASSISTANT FOR RESTORATION OF RIGHTS OFFICE
- ▶ PSYCHOSOCIAL TEAM BATHROOM
- ▶ GENERAL SERVICES STAGE ROOM
- ▶ REMODELING OF THE GUARDS' AND DRIVERS' ROOM

STAGE 11

- ▶ HOMEWORK ROOM AND YOUNGER KIDS ROOM
- ▶ BATHROOMS
- ▶ ROOM FOR BICYCLES, SKATES, SKATEBOARDS, AND CARTS

STAGE 12

- ▶ GENERAL SERVICES OFFICE AND STORAGE ROOM
- ▶ INTERNS OFFICE
- ▶ FOSTER HOMES OFFICE

STAGE 13

- ▶ PSYCHOSOCIAL TEAM OFFICES
- ▶ RECEPTION RENOVATION
- ▶ TEACHERS' BATHROOM

STAGE 14

- ▶ ERY SCHOOL BATHROOMS
- ▶ STAFF BATHROOMS
- ▶ KITCHEN



3

Beneficiaries

Throughout the year, we continued with the programs for Restoration of Rights, Co-Financed ery school, hosting program, and Foster Care. Hogar Margarita started as a FANA program, and we dedicated our efforts to obtaining the license for Foster Homes. We consolidated the programs using the tools provided by TBRI to offer care that meets the needs of the children and helps them have a secure adult at FANA. We strengthened parental skills of families and adults' abilities to help children and others regulate themselves.

435 BOYS, GIRLS AND TEENAGERS



194
Restoration of Rights



47
Adoptions



30
Hosting Program



231
Nursery School



16
Hogar Margarita

1.072 FAMILIES



51
Restoration of Rights



172
Adoptions



202
Nursery School



415
Hogar Margarita



136
Staff



53
Volunteers



43
Interns

4

Programs

This year, we assisted **194 children, adolescents, and 51 families in the Restoration of Rights program**. We focused on establishing routines, self-care habits, study habits, and self-regulation, **considering the needs of the children who entered FANA during the year**.

To ensure that children connect with their caregivers and identify a safe person in the institution, **we practiced strategies such as bonding with workers**, physical contact, eye contact, voice quality, behavior congruence, and cheerful interaction (**TBRI connecting principle**). This has allowed us to help children self-regulate and bond with their caregivers and the professional team.



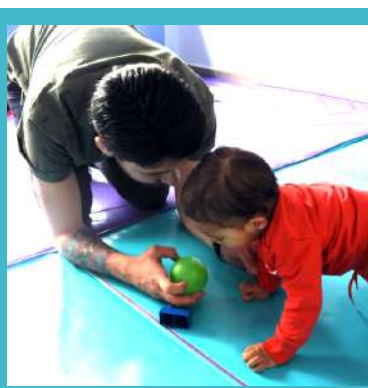
In the academic area, **we established basic hygiene routines, taught coexistence rules, no hurts, Stick Together, and have fun** (TBRI nurture group rules), and set study habits. Once they felt safe and calm at FANA, we could start academic work, practicing tearing and cutting, performing exercises to achieve a good pencil grip, learning the alphabet, and expanding vocabulary through stories, descriptions, songs, and poems. **They learned numbers, addition, subtraction, multiplication, and division. They practiced reading; some learned to read, reinforcing reading comprehension with computer use.**

We taught children healthy eating habits, including meal variety, established meal times, **encouraged water consumption, and discussed the importance of healthy eating**. We recognize the importance of food and hydration for self-regulation, and the children already recognize their physiological needs when they become dysregulated.

The psychologists, social workers, and therapists taught children to meet their sensory needs and provided a respectful environment. They teach children to breathe for self-regulation and use music, scents, stress relief toys, and body movement to self-regulate. **They also regulate and co-regulate children until they can self-regulate**. They also emphasize teaching children to use their voices, strategies to facilitate transitions, and rituals to increase connection with the children.



With families, the focus has been on denaturalizing violence, learning conflict resolution, and expanding the support network at the extended family and institutional levels. We are teaching them to identify risks and strengthen their caregiving skills. The medical appointments team, the nurses, and the pediatrician ensure that the children receive the medical attention they need. **This year, the children attended 1,808 medical appointments,** including follow-ups in dentistry and optometry, according to their needs. We also have a group of doctors who help see children when the wait for an appointment is very long. **We also have a mental health program** for children who need it, with a team of psychologists specialized in trauma, bonding, and sibling relationships.



We take children for neuropsychological evaluations to support and define their learning needs. **We also have programs to stimulate communication, motor, and psychomotor skills** to help children achieve the expected development for their age. **We strive to promote socio-emotional development in children,** facilitating their understanding and management of emotions. This contributes to their growth as individuals with **positive self-esteem, healthy relationships, and skills to face adverse situations.** We believe that learning should be comprehensive so children have physical education classes, sports, music, recreational outings, and fun activities.

Adoptions

In the adoption program, **47 children and adolescents have restored the right to have a family**. Thirty children traveled abroad through the foster care strategy to experience living with a protective and loving family and increase their chances of finding a permanent family if they wish.

We continue to train and prepare families for adoption. In the workshops, families learned about the legal aspects of adoption, the impact of trauma on child development, the stories of the children in the program, and emotional bonding.

We conduct the necessary follow-ups and **provide families with tools to teach their children self-regulation** and actions that promote bonding.

The psychosocial team at FANA helps children process grief from previous separations and losses (biological or foster families), facilitates the recognition and reinterpretation of past traumatic experiences, **teaches skills for mindfulness, and raises awareness of the changes involved in being in a family environment**. We also delve into their expectations regarding adoption to ground them in reality and clarify each member's family roles, providing clear and concrete information on their expectations in the family setting. **Additionally, we help them adapt and prepare for changes in culture, routines, traditions, climate, language, and food.**



During video calls with families, the children discuss these topics to have realistic expectations about their future, thus reducing or eliminating as much anxiety as possible about uncertainty and making transitions more predictable and manageable. At FANA, **we foster healthy connections and bonds that allow children to have successful experiences with adults**, enabling them to reproduce this with their families.

Moreover, **we work with families to get to know their children and better understand their needs so they have enough tools and are prepared for their arrival**. In this regard, we specifically address the expression, management, and regulation of emotions, sensory needs, identified elements to favor connection, and the adult's role in moments of emotional dysregulation, among other topics.

Nursery School

The co-financed Nursery School served 231 children and 202 families this year.

The nursery school children interact positively with their peers and teachers, which helps them develop self-esteem and self-confidence. Through playful and structured activities, **the children learn basic skills such as language, motor coordination, social skills, and problem-solving.**

The children **develop in a safe and welcoming environment** with activities centered around play, music, and art that stimulate their curiosity and creativity. Through interactions with other children, they learn to live together, socialize, empathize, share, and work in groups.



This year, the teachers reinforced autonomy by showing the children that they are gaining the ability to do things on their own and solve problems. There was also an emphasis on **managing emotions**; the children recognized and named different emotions **and learned ways to express them**, helping them to be more assertive.

Parents' participation in nursery school activities is encouraged. **We work as a team with the parents** to promote healthy eating habits, achieve potty training, and encourage self-care habits. Additionally, activities are planned jointly with the parents, and together, we create fun days where the children learn values such as respect, tolerance, cooperation, and love for our country.

Families attend several training sessions yearly to learn about positive parenting, nutrition, and prevention. This year, we focused on teaching them about risk identification, prevention, and how to access care services. This aims to create safe environments for the children within their family settings.



Hogar Margarita

At Hogar Margarita, **we provided services to 415 women from all over Colombia** who sought guidance, referrals, and support upon learning about their unplanned pregnancies, **15 women entered the shelter, and we cared for 17 boys and girls.** We conducted outreach processes in municipal programs, hospitals, and health centers. We participated in community service fairs.

The women who entered the program participated in **life project workshops, job orientation, labor strengthening, parenting guidelines, and rights restoration.** They received balanced nutrition, workshops on proper eating habits, and regular schedules of 6 meals daily for better nutrition.



The shelter is an option for those families facing an unplanned pregnancy. Women received comprehensive care, their right to privacy was protected, they designed life projects oriented towards their dreams and aspirations, engaged in recreational activities, identified violence, and learned the routes to report it.

Workshops were offered to help women self-regulate by practicing emotion identification, using the body to calm down, and learning breathing techniques.



5

Mobilization of Resources

FANA, in partnership with AmiFANA, has been running the **OBRAS CON AMOR art program for 9 years with the children and adolescents who live with us**. The art program has become a crucial activity for the children as it represents an opportunity for them to express themselves through colors, paints, brushes, and sometimes even fingers. Their creativity and imagination have been developed, and **we have seen a direct impact on the children's self-esteem**. Every year, we are amazed by the event's success, where we witness the solidarity and unity of our FANA family. **The funds collected at this event are used for the art program and recreational activities that the children choose.**



Our friends from FANA in Colombia and around the world work all year to help FANA develop new programs, make renovations, provide mental health programs, and cover day-to-day expenses. Thanks to them, we can offer children a beautiful and safe place where they are listened to, protected, and loved. **Thanks to Families of FANA WNY, Friends of FANA France-AFF, Friends of FANA Minnesota, Mapfre Foundation and Friends of FANA Barcelona.**

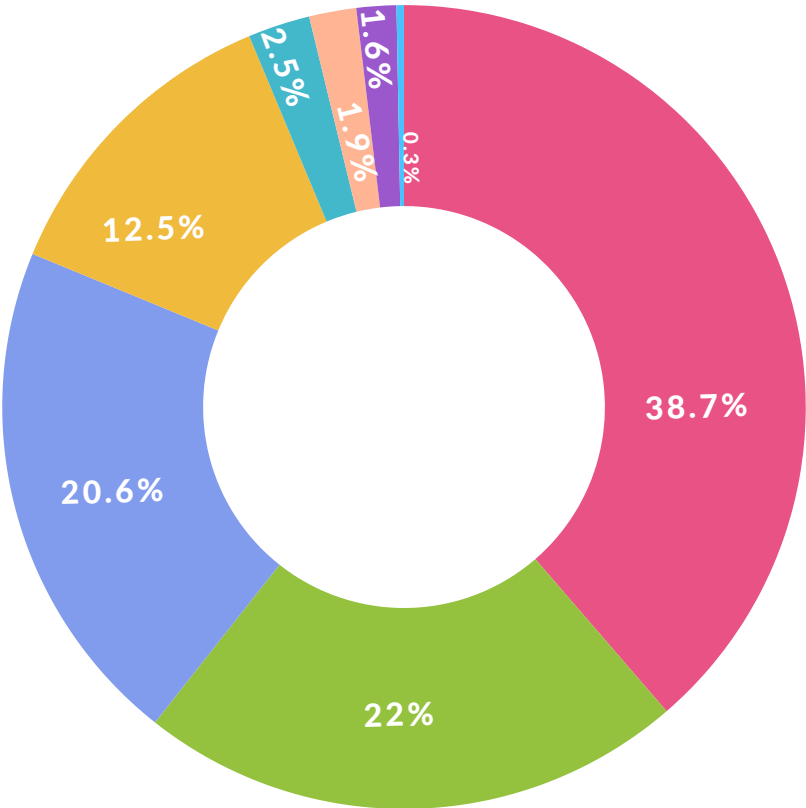
Additionally, we have families who have helped FANA over the years and raised funds to develop different programs with us. **Thanks to the Hasbani family, Grace Haselwood, the Berra family, the Carsten family, and the May family. Thank you, Mercentat Rotatory Colmar, Perry Foundation, Mam Baby France and Bettencourt Foundation.**

Starting this year, we have had new corporate volunteers from **Dafiti and Homecenter** at FANA doing activities with employees. We continue to count on **IGT Solutions, Management Solutions, Volunteers from Mapfre Foundation, Ubiquity, Motorola, Omega Solutions, Papeles Nacionales-Suave Gold, Bridgestone and Dunkin**, who carry out activities for the children.

We were able to continue counting on the help of **Bolívar Davivienda, Holt International, La Mera Mera, Advantis, All Gods Children International, Papeles Nacionales, and IGT Solutions**. We continue to attract new donors through **YourCause, Global Giving, and Payulatam**.

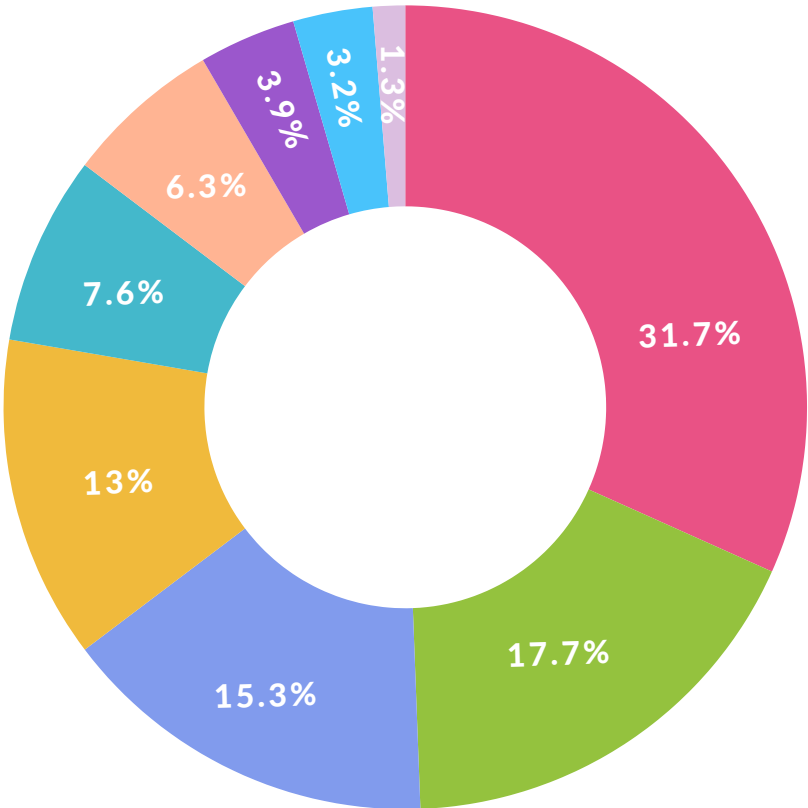
Thanks to all these partnerships, FANA continues to impact the lives of children, families, and employees.

Total Income 2023



- Events and Projects
- Own Non-Operating Income
- ICBF Contract
- Nursery School Contract
- Preparation workshop + administrative process
- Hosting Strategy
- National Donations
- International Donations

Expenses 2023



- Payroll
- General Services and Maintenance
- Nursery School
- Restoration of rights
- Administrative Area
- Food Services
- Adoptions
- Events and projects
- Hogar Margarita Program

1

Complete the sport courts, and art pavilion.

2

Continue remodeling the first floor to update offices and increase areas for children.

3

Continue implementing TBRI and measure its impact.

4

Sign the contract to establish foster homes.

5

Continue creating alliances to generate resources for FANA.

6

Increase recurring donations.

ACKNOWLEDGEMENTS

We are grateful to our FANA team for their dedication, love for the children, and passion for their work.



Thank you!

To all our friends and partners who have helped us during the year.





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