

Building Families

Annual Report
2022

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FANA 50 YEARS



Fifty years ago, FANA began as an effort to help children without families to have a forever family through adoption. It was the way Mercedes and Arturo wanted to contribute to their country. Upon meeting the children under protection Mercedes understood that all children deserve to grow up in a family and that through the care offered at FANA, we should show these children that they are valuable and deserve the care and love of a family.

FANA's flag became the defense of children's rights, particularly the right to have a family, and we have worked tirelessly to improve the conditions of the children we serve. Throughout these 50 years, we have been fortunate to find allies who, like us, have dedicated their lives to ensuring better conditions for vulnerable children in state custody. We rely on Friends of FANA Groups all over the world, volunteers, adoptive families, foundations, individuals, and businesses who share our mission and believe in what we do for Colombian children.

50 Years of Building Families

35.604 Beneficiaries in 50 years



FANA EN 2022





At FANA, we serve children and adolescents who have lived through adverse experiences such as abandonment, neglect, and violation of their rights. They have been exposed to complex relational trauma from an early age, affecting brain development and the acquisition of fundamental processes such as attention, memory, perception, language, and thinking. This results in difficulties processing information and trusting themselves and others. In addition, they have challenges in giving and receiving care, negotiating their needs, and self-regulation. **Our staff is trauma-informed to meet the children's needs**. Our professionals consider each child's particularities and need to strengthen their social skills, improve their learning processes, develop healthy bonds, and form secure attachments with their caregivers, peers, and family.

We had the honor of informing **Kevin** (15) and **Johnny** (17) that they would be adopted in 2022 as a result of the extensive work we do with the children. We could see their changes as they became more confident that they would have a forever family. **Juan Pablo** (15) asked us every day when he would have a family, and we were able to tell him that he did in 2022. **Fulfilling the children's dream of having a forever family is FANA's mission.**

During this year, with the help of the Bolivar Davivienda Foundation, we reviewed FANA's strategic planning to reformulate the impact indicators, so we can measure how our actions impact the lives of the children and families we serve and where we should focus on having better results. We also considered the opinions of the families and children we serve. The update was achieved thanks to the work of FANA's directors, coordinators, board of directors, and board of founders.



MISSION

Protect and strengthen children, adolescents, and families to transform their lives and generate a society that guarantees children's rights.

VISION

Be recognized for the impact it generates in Colombian society for its effective and sustainable work in favor of children and families.

STRATEGIC OBJECTIVES

- 1. To positively impact children's health, nutrition, education, and emotional aspects during their stay at FANA.
- 2. To positively impact the families in terms of their parenting skills during their time at FANA.
- **3.** Create alliances with the educational sector to document the knowledge acquired at FANA and impact public policies regarding children and families.
- **4.** Ensure adequate financial health to guarantee the long-term sustainability of the Foundation.

After clarifying who we are and what we do, we can think about the future and what we want to do. We were able to start projecting how we want to take care of children and families and how we can transmit the knowledge we have acquired during 50 years. We began studies to open another modality of care and a project to optimize the use of the green areas and adapt FANA to have other programs in the facilities. We hope that FANA can continue to build families and impact lives for many more years.









The mental health of children and employees is fundamental, and this is why we continue to implement TBRI at FANA with excellent results. The employees participate in monthly training acquiring greater skills in self-regulation, giving and receiving care, and negotiating our needs. This year we started working with families in conjunction with ICBF, where they can participate in nurture groups with their children to acquire the necessary skills to form secure bonds. We are making progress in how we care for children, and we are creating a culture of a different kind of care that recognizes adverse experiences and their impact on people's development.

THE TBRI PROCESS AT FANA

2018 Caregiver training

- Traumainformed care
- Emotional regulation training

2019 FANA TBRI pilot institution

- 3 professionals went to TBRI for caregivers
- FANA 'S director became a TBRI Practitioner

2020 TBRI at FANA:

- TBRI training with TCU professionals
- olCBF virtual training to FANA staff
- Face-to-face training with FANA staff

2021 Implementation TBRI

- Nurture groups with children.
- Monthly training
- Nurture groups for staff.
- ØFANA has 2 more TBRI practitioners.

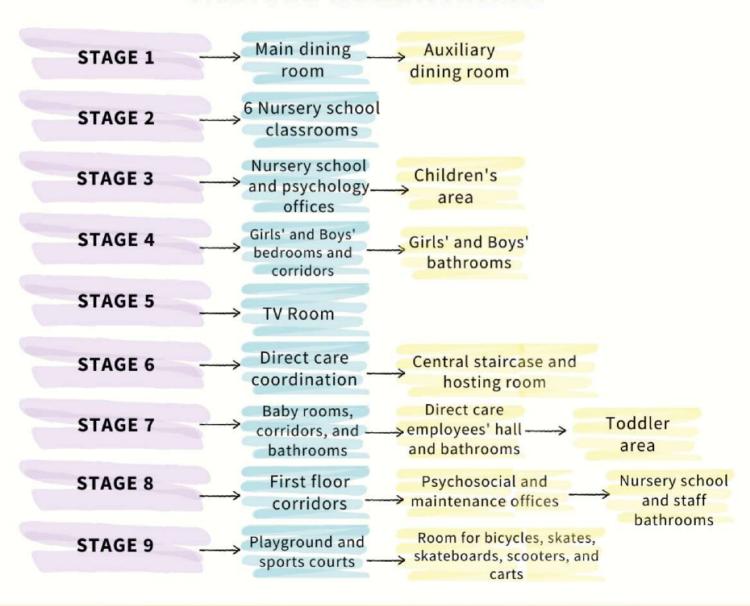
2022 Strengthening TBRI

- Training and nurture groups with staff
- Nurture groups for children
- Nurture groups for families



At FANA, we think it is essential to offer children, families, and employees a safe place that meets their needs and is very beautiful. For this reason, we continue with the remodeling of FANA. This year we started with stage 4 to remodel the children's rooms, corridors, and bathrooms. Then stage 5 is to renovate the TV room. In 2023, we will continue remodeling FANA to meet the needs of children, families, and employees, as well as incorporating our work with TBRI into FANA's facilities.

FANA'S REMODELING PROJECT





Children's Restrooms





Rooms and Corridors





TV Room





BENEFICIARIES



This year, we continued with the Restoration of Rights, Co-funded Nursery School, Adoption, and Hosting Programs. **We consolidated the programs using the tools provided by TBRI** to offer care that meets the children's needs and helps them identify safe adults in FANA. We strengthened families' parenting skills and adults' abilities to help children and others self-regulate.

510 Children Benefited in 2022



782 families benefited in 2022



PROGRAMS





In the **restoration of rights program**, we served 173 children and 57 families. Through workshops, individual sessions, and nurture groups, we are assisting families in strengthening their parenting skills. According to the social workers, parents have gained new skills and believe the work has benefited them.

Children over ten years old have focused on their life projects and explored their talents and interests. In addition, they have acquired public speaking and presentation skills. The music classes have also reinforced these skills by organizing various presentations. Another way to explore interests has been through sports with the gym teacher and soccer coach.

We have emphasized daily routines and self-care, generating good hygiene, eating, and study habits. The children learn to respect the opinions of others and to have peaceful discussions where everyone can give their point of view.



We are fortunate to have the help of interns and volunteers who support the psychosocial team and the caregivers. The interns work individually with the children to help them build secure attachments and trust in each other. In addition, they accompany family visits assisting parents in their parenting skills. We have 34 volunteers who help provide individualized service with the younger children and the older children's group; they are invaluable support in helping with homework. In addition, they help us organize unforgettable vacations for the children.

Recognizing the emotional needs of the children we serve as a result of their difficult histories; we developed a mental health program in collaboration with an outside group of trauma therapists who work with the children who require it. In addition, we have a neuropsychology group that performs developmental and intelligence assessments and develops a rehabilitation plan so the children can acquire those skills they have not yet developed.

ADOPTIONS



The adoption program **restored the right to have a family to 40 children.** As I mentioned earlier, this year, we found families for children who had been under the state's and FANA's care for a long time. Each time a more specialized preparation process is carried out for the family and the child, and **we see that this results in a better adaptation and a smoother transition to the new home.**

We continue to train and prepare families to adopt. We conducted face-to-face workshops, and the families learned about the legal aspects of adoption, attachment, the impact of trauma on the children's development, and the stories of the children who are part of the program.

We do post-adoption follow-up visits and provide families with tools to help them teach their children to self-regulate and engage in bonding activities.

FANA's psychosocial team helps children process grief due to separation grief and previous losses (biological or foster family). Facilitates the resignification of traumatic experiences previously lived, teaches mindfulness skills, and raises awareness of the changes involved in being in a family environment.



NURSERY SCHOOL



The nursery school served 278 children and 230 families during the school year.

This year, the children could attend nursery school in person, and we saw how this aided their cognitive and motor development. The children completed the school year having met the developmental milestones for their age. **The nursery school conducts integral work based on values**, emphasizing respect, gratitude, and helping others (development of empathy) throughout the year.

We provide a stimulating environment where children can explore, learn, and play with other children, activating their initiative, independence, and imagination.

Thanks to work done by the team of teachers with parents, parents feel committed to the nursery school and the educational process of their children. This is demonstrated by attendance at training conducted by the interdisciplinary team (psychologist, nutritionist, and special educator) and activities at the nursery school that require family participation.





We celebrated the end of the year with the families and children after two years of no closing ceremonies. The parents expressed their appreciation to both the nursery school and FANA. We were able to give Christmas gifts to each child and a beautiful Christmas gift to their families this year, thanks to the generosity of our donors.





At FANA, we believe art is a great tool to express emotions, stimulate learning, and reduce behavioral problems in children. For the past eight years, FANA has collaborated with AmiFANA to deliver the art program ART WITH LOVE to the children and adolescents we serve.

This is a fun program for the kids because artists teach the workshops, provide the materials, and teach the children various techniques for creating art, and each child is encouraged to let their imagination run wild. We were able to hold the event in person at the Country Club of Bogota after two years of the pandemic. The sale of tickets demonstrated that this is a significant event for the FANA community, and the auction was a huge success, with artworks generously donated by renowned artists. The funds raised at this event will go toward the art program and recreational activities chosen by the children.

We will be eternally grateful to our Friends of FANA Buffalo, France, Minnesota, Bordeaux, and Barcelona, who work tirelessly to ensure that we can continue our work of restoring the rights of Colombian children. This year, thanks to their generosity, we were able to continue remodeling the building, fund the mental health program, help improve the health of many children with chronic problems, and provide a safe place for the children to be heard, protected, and loved.



This year, we formed new partnerships with the 'Oeuvre de l'Adoption Paris, Spence Chapin, and companies like Somega SAS and Homecenter. We agreed with IGT Solutions to accept donations via payroll deduction. We have had new corporate volunteers at FANA doing activities with the children since this year. Thank you for volunteering Dunkin Donuts, IGT Solutions, Management Solutions, and Ecopetrol. Spence Chapin assisted us in providing a lovely Christmas for the children and families we serve, and we joined Global Giving.

We were able to keep relying on Mapfre, the French Embassy's La MAI, Bolivar Davivienda, Holt International, La Mera Mera, Advantis, Papeles Nacionales with Suave Gold, and Dafiti. Through Yourcause and Payulatam, we continue to attract new donors.

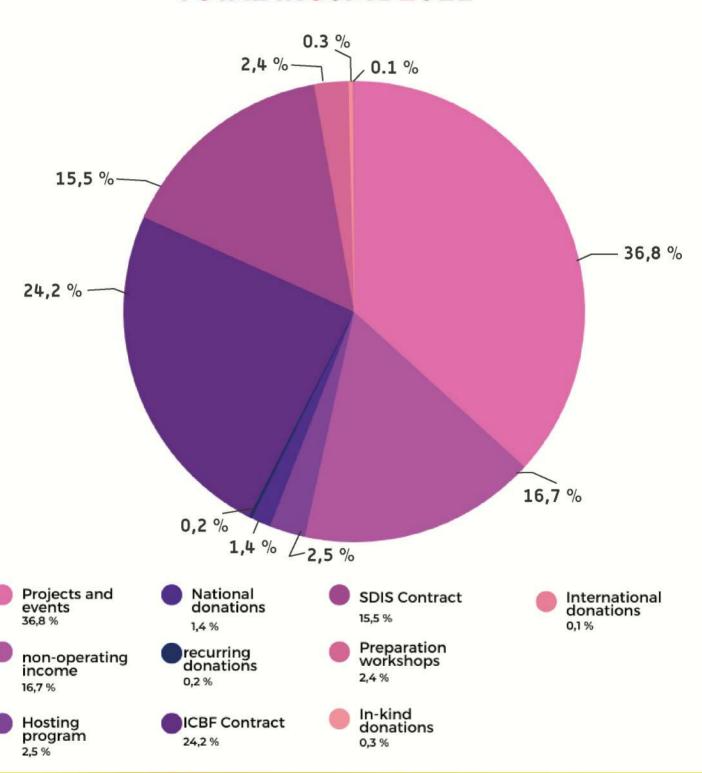
FANA continues to have an impact on the lives of children and families as a result of all of these collaborations. In addition to being a company that looks after its employees and helps them grow.





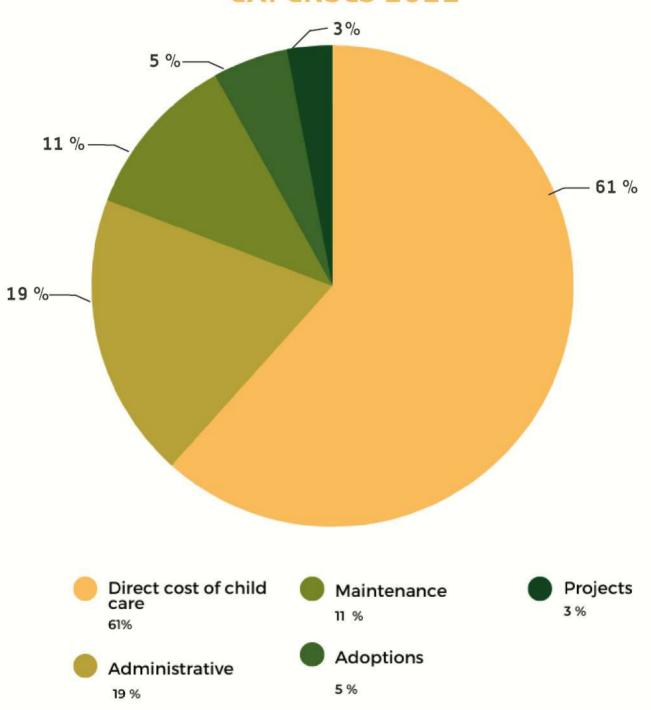


TOTAL INCOME 2022









GOALS 2023





We will complete phase 6, partially complete phase 7 and 8, and simultaneously build the park and sports fields (phase 9) of the remodeling of the FANA building.



We will initiate steps to start a new project at FANA.



We will move forward with the license to contract a new modality.



We will initiate the TBRI transformational plan and measure its impact.



We will continue to create alliances to generate resources for FANA.



We will increase recurring donations.



FOUNDATION FOR THE ASSISTANCE OF ABANDONED CHILDREN

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